

spa.

SPABANNISTERS

Spa

Massages

30 min \$110 | 60 min \$170 | 90 min, \$220

Pamper your body with our expertly crafted relaxation massage, designed to dissolve stress and leave you with a sense of weightless serenity.



Pregnancy Massage

60 min | \$175

Indulge in our soothing massage tailored specifically for expectant mothers during their second trimester, starting from 13 weeks and beyond.

Deeper Fibres Massage

45 Minute | \$120

Gua Sha Bian Stone | Acupressure | Massage

Our exclusive Deeper Fibres Massage incorporates the La Gaia Gua Sha tool to target deep-seated muscle tension and promote relaxation, all without the intensity of a remedial or deep tissue massage

Knowing Touch Lue Massage

90 Minute | \$260

By utilizing Akwaterra Ceramic tools, carefully heated to the ideal temperature, you'll experience a soothing warmth and relaxation that's truly irresistible. These purpose-designed ceramics effortlessly glide over your body, transferring their comforting warmth, which helps your muscles unwind and embrace a state of relaxation. You'll find it so enjoyable that you'll yearn for more.

Refresh Facial 30 Minute | \$110

Express Pressure Point Neck & Shoulder Massage

With the aid of our La Gaia products your therapist will customise this facial to your specific needs, leaving your skin soft, fresh and thoroughly hydrated.

Spa Signature Facial 60 Minute | \$195

Deep Cleanse | Exfoliation | Skin Treatment | Facial Massage | Neck & Shoulder Massage

Experience our signature facial and leave our spa feeling absolutely divine, with a radiant and glowing complexion. Our exclusive La Gaia products are expertly formulated to infuse your skin with essential nutrients, helping you achieve your skincare goals

Professional Advanced Facial 90 Minute | \$280

Cryo-Ceramic Facial Massage | 3-Phase Treatment | Head & Neck Massage

For skin that requires extra care, our La Gaia Advanced Vitamin C Facial is the perfect choice. This treatment provides a deep cleanse and exfoliation, leaving your skin beautifully radiant.

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Body Exfoliation

60 minutes | \$140

Body Exfoliation | Rain Shower | Body Moisturise

Revitalise your body with a gentle scrub that leaves your skin feeling velvety soft. Rinse off under one of our invigorating rain showers, and complete the experience with a nourishing, lightweight body moisturiser.

Pregnancy Treatment

60 minutes | \$190

Body Exfoliation | Back Massage

Indulge in serene, stress-free moments with our exclusive gentle body scrub designed just for expectant mothers, followed by a soothing back massage to melt away tension.

Back Treatment

60 minutes | \$180

Deep Cleanse Scrub | Mud Mask | Back Massage

Our backs bear the brunt of our stress, often overlooked in self-care routines. Our specialised treatment prioritises deep cleansing, exfoliation, and a purifying mud mask to detoxify your body. The treatment culminates with a targeted massage to release tension in the areas you need it most. You'll leave feeling rejuvenated and refreshed.

Rejuvenating Hands

60 Minute | \$95

Hand & Arm Exfoliation | Massage | Cuticle Care

Revitalize tired hands with exfoliation, a mask, and a moisturising pressure point massage, while ensuring tidy cuticles and nails. Add optional nail polish for a perfect finish.

Nourishing Feet

60 Minute | \$95

Leg & Foot Exfoliation | Massage | Cuticle and Nail Care

Weary feet crave pampering. Treat them to an exfoliation, mask, and a moisturising pressure point massage. Additionally, we'll clean and tidy your cuticles and nails, with the option of adding nail polish for that perfect finishing touch.

Feet & Hands Pamper

105 Minute | \$160

Experience the best of both worlds with our two-in-one treatment, designed for those who desire pampering for both their hands and feet. You can also choose to have your nails painted at the end for that extra touch of elegance.

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Spa Ritual

60-minute | \$190

30 Minute Massage | 30 Minute Facial

Among our most beloved treatments is the combination of a 30-minute massage tailored to your preferences and our refreshing 30-minute facial. It's an ideal way to kickstart your day by the coast or wind down just before dinner.

Good Rising

150 Minute | \$370

Full Body Exfoliation | Mud Mask | Rain Shower | Massage | Facial | Head Treatment

Indulge in the ultimate luxury with our all-in-one treatment, a lavish 2 ½-hour experience. It begins with a body scrub and body mask, followed by a soothing rinse in the warmth of our rain showers. Afterward, sink into bliss as you receive a full-body massage, along with a hydrating facial and scalp treatment.

Men's Treatment (Men's Choice)

80 minutes | \$230

Back Exfoliation | Back Massage | Facial | Beard Treatment | Head Massage

Start with a rejuvenating back treatment, followed by a focused back massage. Then, luxuriate in a soothing facial complemented by a nourishing beard treatment. Finally, savour a revitalising scalp massage for the ultimate pampering experience.

Scalp Comb & Hair Therapy

\$50

We employ the La Gaia Tiger Eye comb to deliver a stunning, invigorating scalp massage infused with essential oils, releasing profound tension held within the scalp.

Soothing Foot & Leg Treatment

\$30

For that additional touch of hydration and the ultimate massage release, consider adding this to your facial treatment to fully elevate your experience.

Nurturing Hand & Arm Infusion

\$30

For those seeking extra hydration and a massage release, enhance your facial experience by incorporating this option to make it truly complete.

Sun Worshiper

\$30

Experience our specialized sunburn treatment. Ideal for cooling and hydrating those sun-kissed areas, it's the perfect solution for you.

Rain Shower

15minutes | \$10

If you're looking for a refreshing rinse before stepping back into the world, simply include this as an optional extension to your treatment, allowing you to enjoy some extra 'me time'.

Polish and Paint

\$20

Looking to flaunt beautifully painted nails for lunch or dinner? It's the perfect addition to your facial treatment.

A little gift to myself...

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