

# SPA by the sea

Treat yourself to tranquility...

Set to the backdrop of the sparkling Pacific Ocean, Spa by the Sea offers guests a serene sanctuary to discover relaxation.





\*Sanctuary Room subject to availability

# massages

Whether seeking serenity, or to revitalise the body and relieve tension, customised massage experiences encourage both body and mind to relax with skilled touch and techniques.

## wellness

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60 mins | \$175  
90 mins | \$235

A gentle full body massage designed to relieve stress and promote wellness from within. Light to medium pressure.

## tension release

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60 mins | \$185

Allow specialised techniques and firm pressure to focus on two areas of concern with tailored strokes using a blend of Australian Kunzea, Clove and Peppermint balm to release muscular tension.

## pre natal

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60 mins | \$185

Relieve the unique stresses experienced during pregnancy with a nurturing massage designed for expectant mothers in their second and third trimester.

## hot stone

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60 mins | \$185  
90 mins | \$245

Bask in a full body massage using soothing warm Balinese stones. Gentle rhythmic movements stimulate deep muscle relaxation to restore vitality and melt away stress and tension from the body.

## back to bliss

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60 mins | \$190

Detoxify the back of the body with a massage, deep back exfoliation, hydrating masque, hot towel infusion, and body custard application.

## suggested enhancers

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extra time

30 mins | \$95 | mini facial - body polish - scalp therapy - foot therapy - mini mani or pedi.

30 mins infrared sauna | \$50 solo | \$95 for two



# facials

Using only the healthiest of ingredients, Eminence Organics Skin Care uses potent natural ingredients that give premium, long-lasting results to enhance the natural beauty of your skin and reveal radiance.

## bannisters signature facial

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60 mins | \$190

90 mins | \$245

Curated by our skilled therapists and designed in consultation, our Signature Facial is customised to treat your skin's specific needs. Featuring the finest fruits, vegetables, and herbs of the season, this facial will deliver an incredibly potent and active treatment to reveal balanced, energised, and glowing skin. All our facials also include a sublime arm, neck, shoulder, and scalp massage.

Our 90min signature facial includes a foot scrub and massage to soothe stresses of daily life and tension.

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Choose from:

**Marine Peptide Collagen:** firm, rejuvenate & promote deep cell regeneration.

**Bright Skin:** diminish hyperpigmentation and uneven skin tone.

**Calm Skin:** reduce inflammation for sensitive and rosacea-prone skin type.

**Clear Skin:** clarifying regime for acne prone skin

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## suggested enhancers

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extra time

30 mins | \$95 | precision massage - scalp therapy - foot therapy  
-mini mani or pedi

30 mins infrared sauna | \$50 solo | \$95 for two



# body

Re-energize with a full body treatment designed to give you an all-over glow. Organic products cleanse, refine and hydrate your body to reveal radiant, beautiful skin.

## body polish

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60 mins | \$170

Enjoy a full body exfoliation and hydration to smooth and nourish dry skin.

Choose your scrub:

**Stone Crop:** Gentle exfoliation with raw sugar, green tea, rock salt, turmeric, and lemon peel specially blended to reduce inflammation and revitalise.

**Coconut Sugar and Himalayan salt scrub:** Increase circulation with a vigorous and deep exfoliation combining the power of raw coconut sugar cane, Himalayan salt, and rich coconut oil.

Choose your body hydration lotion:

Stone Crop, Strawberry, or Coconut firming body lotion

## sunburn soother

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60 mins | \$175

Intense hydration to repair sun-damaged skin with an aloe-infused restorative wrap, a gentle facial with cooling masque to refresh and nourish and a mind melting scalp massage. Shower off before finishing with a full body cooling moisturizer.

## body treatment

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90 mins | \$245

Restore radiance with a head-to-toe healing treatment using organic ingredients. Experience a revitalising full body exfoliation, followed by a restorative wrap. Whilst cocooned, unwind with a mind melting scalp massage before rinsing and completing your journey with full-body hydration.

Choose from:

**Stone Crop:** Gentle revitalizing body scrub + Stone Crop aloe-infused wrap + Stone Crop body lotion

**Tropical:** invigorating coconut sugar scrub + Mango enzyme wrap + Strawberry body lotion

## suggested enhancers

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extra time

30 mins | \$95 | precision massage - mini facial - scalp therapy - mini mani or pedi

30 mins infrared sauna | \$50 solo | \$95 for two





# packages

Elevate your spa experience with a luxurious full body journey, from soul soothing rituals to energising encounters.

## soul escape

90 min experience | \$250

Renew a fatigued body with a gentle full body massage designed to relieve stress followed by a refreshing mini facial.

## the spa ritual

90 min experience | \$255

Release tension in the muscles with 30-minute relaxing massage focusing on the back, neck, and shoulders before continuing with a glow-enhancing facial and a mind-melting scalp massage.

## rejuvenate

2 hr experience | \$345

Awaken your senses and nourish your skin with a full-body exfoliation and nourishing cocoon. Whilst enveloped, allow a scalp massage to melt the mind before restoring you from head-to-toe with a full body massage.

## seeking serenity

2 hr experience | \$355

A total relaxation treatment to replenish and revitalize your body combining a full body wellness massage and a customize advance signature facial and a mind-melting scalp therapy.

## nourish and nurture

2.5 hr experience | \$395

Experience a touch of all our treatments starting with a deep full body exfoliation combining the power of raw coconut sugar cane, Himalayan salt, and rich coconut oil. Shower off before a 30min sauna session followed by a relaxing massage and a nourishing mini facial leaving you serene hydrated, and refreshed.

## bannisters signature experience

4 hr experience | \$695

Completely unwind in the serenity of our private sauna room followed by a full-body exfoliation before being cocooned in a wrap. While your skin absorbs the nutrient-dense ingredients, your therapist delivers a mind melting scalp treatment.

A short break follows to enjoy your platter and organic tea, with the sound of the ocean's ebb and flow encouraging deep restorative breaths. Finish your journey with a full body massage and a customised facial.

# sauna & steam

Allow your self-guided treatment in our private serenity sauna room or in the rejuvenate steam room.

## infrared sauna and steam

45 mins

Rejuvenate Steam Room (small)  
Improve skin health, clear congestion, and improve circulation in the wet heat.  
45 mins | \$55 for one | \$95 for two

Serenity Sauna Room (large)  
Relax, detox, improve immune function, and ease muscle pain in the dry heat.  
45 mins | \$65 solo | \$115 for two

# hands & feet

Put the finishing touch to your spa experience, the perfect way to complete you from head to toe.

## spa manicure

60 mins | \$155

A luxurious hand treatment that includes exfoliation, a hydrating cocoon, a relaxing hand and arm massage plus a buff and polish of the nails, selecting from our range of classic colours. Please remove shellac before appointment.

## spa pedicure

60 mins | \$155

Unwind with a relaxing foot soak, exfoliation and nourishing cocoon followed by a leg and foot massage. Finish with a buff and polish of the nails, selecting from our range of classic colours. Please remove shellac before appointment.

# enhancers

Add a little more indulgence to your spa treatment. Elevate your experience with one or more enticing enhancers.

## body scrub

30 mins  
\$95 add on | \$125 solo

Quick full body exfoliation and rain shower. Perfect to add before any treatment.

## mini facial for her

30 mins  
\$95 add on | \$125 solo

A refresh juicy glow suitable for all skin types. Skin will be cleansed and exfoliated before being enveloped in strawberry rhubarb concentrates that promote radiance and rejuvenation.

## mini facial for him

30 mins  
\$95 add on | \$125 solo

Specially designed to hydrate and refresh men skin with the basic and potent solutions. Stone crop cleanse followed by a deep charcoal exfoliation and a pulp gel aloe-infused masque to reveal a balanced skin.

## scalp therapy

30 mins  
\$95 add on | \$125 solo

Address dryness and damage caused by the sun and sea with a warm oil mind-melting scalp massage and a hot towel wrap to maximise absorption while you are treated to a serene neck and shoulder massage.

## foot therapy

30 mins  
\$95 add on | \$125 solo

Immerse feet in a soothing bath and revitalise with an exfoliation and hydrating masque while your thighs are massaged, before concluding with a relaxing foot massage.

# booking information

Please arrive 10 minutes prior to your appointment to complete a consultation form and enjoy a herbal tea.

Let us know in advance if you have a medical condition (including surgery), allergies, injuries, or PREGNANCY.

We have a 15% surcharge on all Sunday and Public Holidays appointments.

A 100% CHARGE WILL APPLY for any treatments cancelled or re-scheduled within 24-hours of the scheduled appointment time. The same applies to no-shows and gift voucher bookings. Our menu is seasonal, and prices will be adjusted accordingly.

